MONO-CONCENTRATES

GOOD MOOD - SERENITY

St. John Wort 100%
TABLETS

Highly purified extract, titrated and standardised of St. John’s Wort.

INGREDIENTS: St. John’s Wort (Hypericum perforatum) dry extract titrated at 3% in flavonoids and at 0.03% in hypericin, cellulose, calcium phosphate, magnesium stearate, silicon dioxide.

CONTAINS PH50®

St. John’s Wort is a yellow-flowering perennial herb, indigenous to Europe. The common name comes from its traditional flowering and harvesting on St John’s day, 24th June. St John's wort is widely known as an herbal treatment for depression. Its main characteristics:

- Working as a selective reuptake inhibitor of serotonin, noradrenaline and dopamine
- It is a gaba (gamma-aminobutyric acid) reuptake inhibitor before the synapsis.
- It allows the increase of postsynaptic receptors for serotonin
- Increasing the production of melatonin during the night
- Relaxing effect on body and mind

SUGGESTED DOSE: 3-4 tablets a day. Each tablet of ST. JOHN’S WORT 100% contains 250mg of Hypericum PH50.

Product notified to the Italian Ministry of Public Health

NUTRITIONAL VALUES

(Average) per 100g per 4 tablets

<table>
<thead>
<tr>
<th>St. John’s Wort d.e</th>
<th>50</th>
<th>1.00</th>
</tr>
</thead>
<tbody>
<tr>
<td>of which flavonoids</td>
<td>1.5</td>
<td>0.03</td>
</tr>
<tr>
<td>of which hypericin</td>
<td>1.5</td>
<td>0.03</td>
</tr>
</tbody>
</table>

Package 60 tablets

SERENITY AND NATURAL HARMONY

MINERALS, PROTEINS AND NATURAL VITAMINS

Brewer's Yeast 100%
TABLETS

Naturally rich in minerals, proteins and Vitamins B.

HAIR AND SKIN TROPHISM • REBALANCES THE INTESTINAL BACTERIAL FLORA • DRAINS AND PURIFIES

INGREDIENTS: natural Brewer’s yeast, magnesium stearate, calcium phosphate, microcrystalline cellulose, silicon dioxide.

BREWER’S YEAST 100%: Brewer’s yeast consists of colonies of “Saccharomicescerevisiae”, which are microscopic single-cell fungi that can quickly multiply; it is obtained through a fermentation process. It has a considerable nourishing value since it is rich in proteins, basic amino acids and minerals, and represents the most complete source of group B vitamins, which are quickly assimilated by the body. It also carries out a protective action on the liver and purifies the body, eliminating the effects of self-intoxication. It improves the condition of the skin, purifying it and leaving it radiant; it also strengthens hair and nails, encouraging their growth. It is an antioxidant, and it facilitates the elimination of carcinogenic substances.

BREWER’S YEAST 100% is recommended in the following cases:

- Impure skin
- Weak and fatigued hair and nails
- Rebalancing of the intestinal bacterial flora
- Liver diseases
- Purifying and detoxifying diets

SUGGESTED DOSE: 2-3 tablets a day.

Product notified to the Italian Ministry of Public Health

NUTRITIONAL VALUES

(Average) per 100g per 3 tablets

| Natural Brewer’s yeast | 40 | 0.6 |

Package 60 tablets